



SOUTH ASIAN BODYBUILDING & PHYSIQUE SPORTS FEDERATION
16TH SABPF CHAMPIONSHIPS 2026
30TH JUNE - 04TH JULY 2026, BHUTAN



DAY - 1 - RESULT

RANK	NAMES	COUNTRY	CATEGORY	TRUNK NO
1	MAIWAND BABAKAR KHIL	AFGHANISTAN	MEN'S JUNIOR BODYBUILDING OPEN	2
2	RIAZ RAHMAN EHSAN	AFGHANISTAN	MEN'S JUNIOR BODYBUILDING OPEN	3
3	DORJI GYELTSHEN	BHUTAN	MEN'S JUNIOR BODYBUILDING OPEN	6
4	AHMED RIZAN NIZAR	MALDIVES	MEN'S JUNIOR BODYBUILDING OPEN	7
5	M.N. MOHOMMED FAZRIN	SRI LANKA	MEN'S JUNIOR BODYBUILDING OPEN	5
1	RAMAMURTHY MURUGESAN	INDIA	SENIOR MEN'S BODYBUILDING UP TO 55 KG	10
2	MILAN PRADHAN	BHUTAN	SENIOR MEN'S BODYBUILDING UP TO 55 KG	8
3	HARKA BDR. FEWALI MONGER	BHUTAN	SENIOR MEN'S BODYBUILDING UP TO 55 KG	9
4	AHMED RIZAN NIZAR	MALDIVES	SENIOR MEN'S BODYBUILDING UP TO 55 KG	7
5	SONAM TOBGAY	BHUTAN	SENIOR MEN'S BODYBUILDING UP TO 55 KG	11
6	PEMA DORJI	BHUTAN	SENIOR MEN'S BODYBUILDING UP TO 55 KG	18
1	DAWA TASHI	BHUTAN	SENIOR MEN'S BODYBUILDING UP TO 60 KG	16
2	DINESH BHIMRAO KAMBLE	INDIA	SENIOR MEN'S BODYBUILDING UP TO 60 KG	12
3	RINCEN TASHI	BHUTAN	SENIOR MEN'S BODYBUILDING UP TO 60 KG	65
4	DORJI NORBU	BHUTAN	SENIOR MEN'S BODYBUILDING UP TO 60 KG	71
5	ANIL KUMAR SUNAR	BHUTAN	SENIOR MEN'S BODYBUILDING UP TO 60 KG	23
6	TANDIN WANGCHUK	BHUTAN	SENIOR MEN'S BODYBUILDING UP TO 60 KG	13
1	RITESH SHARMA	INDIA	SENIOR MEN'S BODYBUILDING UP TO 65 KG	17
2	RISHAB VASISTHA	INDIA	SENIOR MEN'S BODYBUILDING UP TO 65 KG	15
3	M.N. MOHOMMED FAZRIN	SRI LANKA	SENIOR MEN'S BODYBUILDING UP TO 65 KG	5
1	PRATAP KALKUNDRIKAR	INDIA	SENIOR MEN'S BODYBUILDING UP TO 70 KG	19
2	AHMAD HABIBI	AFGHANISTAN	SENIOR MEN'S BODYBUILDING UP TO 70 KG	22
3	RAKESH KUMAR	INDIA	SENIOR MEN'S BODYBUILDING UP TO 70 KG	20
4	JIGME DUKPA	BHUTAN	SENIOR MEN'S BODYBUILDING UP TO 70 KG	32
1	SANGAY DRAKPA	BHUTAN	MEN'S ATHLETIC PHYSIQUE UP TO 160 CM + 2 KG	64
2	SONAM WANGCHUK	BHUTAN	MEN'S ATHLETIC PHYSIQUE UP TO 160 CM + 2 KG	83
1	AZNEEN RASHAD	MALDIVES	MEN'S ATHLETIC PHYSIQUE UP TO 167CM + 4 KG	50
2	ARUNACHALAM KANNAN	INDIA	MEN'S ATHLETIC PHYSIQUE UP TO 167 CM + 4 KG	52
3	BILAL JALILI	AFGHANISTAN	MEN'S ATHLETIC PHYSIQUE UPTO 167CM + 4 KG	49
4	D.R.T. MADHUSHAN WIJEWARDHANA	SRI LANKA	MEN'S ATHLETIC PHYSIQUE UPTO 167CM + 4 KG	48
5	ROSHAN GURUNG	BHUTAN	MEN'S ATHLETIC PHYSIQUE UP TO 167CM + 4 KG	70
1	THINLEY DORJI	BHUTAN	MEN'S ATHLETIC PHYSIQUE OVER 167 CM + 6 KG	66
2	KHWAJA RAFI SEDIQI	AFGHANISTAN	MEN'S ATHLETIC PHYSIQUE OVER 167 CM + 6 KG	54
3	WAJAHAT AHMAD	PAKISTAN	MEN'S ATHLETIC PHYSIQUE OVER 167 CM + 6 KG	53
4	PRAKASH MANOHARAN	INDIA	MEN'S ATHLETIC PHYSIQUE OVER 167 CM + 6 KG	60
5	SHAILENDER YADAV	INDIA	MEN'S ATHLETIC PHYSIQUE OVER 167 CM + 6 KG	57
6	KENEILELIE SORU	INDIA	MEN'S ATHLETIC PHYSIQUE OVER 167 CM + 6 KG	62
7	MAWLADAD AHMADZAI	AFGHANISTAN	MEN'S ATHLETIC PHYSIQUE OVER 167 CM + 6 KG	51
1	CHRISTINE NITASHA LABROOY	SRI LANKA	WOMEN'S ATHLETIC PHYSIQUE (OPEN)	87
2	SITA KHATRI	NEPAL	WOMEN'S ATHLETIC PHYSIQUE (OPEN)	92
3	KETAKI MANOHAR PATIL	INDIA	WOMEN'S ATHLETIC PHYSIQUE (OPEN)	86
4	YESHI LHAM	BHUTAN	WOMEN'S ATHLETIC PHYSIQUE (OPEN)	98
5	BIBA MAYA GURUNG	BHUTAN	WOMEN'S ATHLETIC PHYSIQUE (OPEN)	101
6	TASHI PEMO	BHUTAN	WOMEN'S ATHLETIC PHYSIQUE (OPEN)	108

1	AKASH SHRESTHA	NEPAL	MEN'S SPORTS PHYSIQUE Up to 170 cm - 2 kg.	68
2	AHMED NAEEM	MALDIVES	MEN'S SPORTS PHYSIQUE Up to 170 cm - 2 kg.	61
3	NEELES KUMAR	INDIA	MEN'S SPORTS PHYSIQUE Up to 170 cm - 2 kg.	69
4	PHUB DORJI	BHUTAN	MEN'S SPORTS PHYSIQUE Up to 170 cm - 2 kg.	80
5	INAZ YOOSUF	MALDIVES	MEN'S SPORTS PHYSIQUE Up to 170 cm - 2 kg.	58
6	TANDIN GYELTSHEN	BHUTAN	MEN'S SPORTS PHYSIQUE Up to 170 cm - 2 kg.	77
7	TANDIN WANGYEL	BHUTAN	MEN'S SPORTS PHYSIQUE Up to 170 cm - 2 kg.	79
8	GENDUP LEPCHA	BHUTAN	MEN'S SPORTS PHYSIQUE Up to 170 cm - 2 kg.	73
1	NASIBULLAH AZIMI	AFGHANISTAN	MEN'S SPORTS PHYSIQUE UP TO 175 CM - 0 KG	74
2	ALI MABROOK LATHEEF	MALDIVES	MEN'S SPORTS PHYSIQUE UP TO 175 CM - 0 KG	72
3	SUMIT RAI	BHUTAN	MEN'S SPORTS PHYSIQUE UP TO 175 CM - 0 KG	94
4	IBRAHIM SHIVAHAH	MALDIVES	MEN'S SPORTS PHYSIQUE UP TO 175 CM - 0 KG	78
5	NORBU TSHERING BHUTIA	INDIA	MEN'S SPORTS PHYSIQUE UP TO 175 CM - 0 KG	76
6	ABHIK DAS	INDIA	MEN'S SPORTS PHYSIQUE UP TO 175 CM - 0 KG	75
7	SONAM THINLEY	BHUTAN	MEN'S SPORTS PHYSIQUE UP TO 175 CM - 0 KG	88
1	BILAL AHMED	PAKISTAN	MEN'S SPORTS PHYSIQUE OVER 175 CM + 2 KG	89
2	UGYEN TASHI	BHUTAN	MEN'S SPORTS PHYSIQUE OVER 175 CM + 2 KG	90
3	PUKAR SHAKYA	NEPAL	MEN'S SPORTS PHYSIQUE OVER 175 CM + 2 KG	81
4	AMHAD SHUJA MOHAMMADI	AFGHANISTAN	MEN'S SPORTS PHYSIQUE OVER 175 CM + 2 KG	82
5	YESHEY DORJI	BHUTAN	MEN'S SPORTS PHYSIQUE OVER 175 CM + 2 KG	100
6	ESMATULLAH OMARI	AFGHANISTAN	MEN'S SPORTS PHYSIQUE OVER 175 CM + 2 KG	85
7	SANAULLAH BURHANI	AFGHANISTAN	MEN'S SPORTS PHYSIQUE OVER 175 CM + 2 KG	91
8	MANI KUMAR GURUNG	BHUTAN	MEN'S SPORTS PHYSIQUE OVER 175 CM + 2 KG	93
9	SUBHAM CHHETRI	BHUTAN	MEN'S SPORTS PHYSIQUE OVER 175 CM + 2 KG	102
1	MAHALAL RAJ	BHUTAN	SENIOR MEN'S BODYBUILDING UP TO 75 KG	35
2	ABHISHEK GUPTA	INDIA	SENIOR MEN'S BODYBUILDING UP TO 75 KG	27
3	ADITYA RAJ	INDIA	SENIOR MEN'S BODYBUILDING UP TO 75 KG	24
4	FARAMOZ AKRAM ZADA	AFGHANISTAN	SENIOR MEN'S BODYBUILDING UP TO 75 KG	25
5	DEEP JUNG ROKA MAGAR	NEPAL	SENIOR MEN'S BODYBUILDING UP TO 75 KG	26
6	SONAM PHUNTSHO	BHUTAN	SENIOR MEN'S BODYBUILDING UP TO 75 KG	33
7	JOHNNY JOAQUIM D'SOUZA	INDIA	SENIOR MEN'S BODYBUILDING UP TO 75 KG	34
8	YESHI PHUNTSHO	BHUTAN	SENIOR MEN'S BODYBUILDING UP TO 75 KG	42
9	AMIT MARUTI MENSE	INDIA	SENIOR MEN'S BODYBUILDING UP TO 75 KG	28
1	SAGENDRA SINGH	NEPAL	SENIOR MEN'S BODYBUILDING UP TO 80 KG	30
2	PRASHANT KHANNUKAR	INDIA	SENIOR MEN'S BODYBUILDING UP TO 80 KG	38
3	HIKMATULLAH ULOMI	AFGHANISTAN	SENIOR MEN'S BODYBUILDING UP TO 80 KG	29
4	CHETEN ZANGPO	BHUTAN	SENIOR MEN'S BODYBUILDING UP TO 80 KG	56
1	RAHUL SINGH CHAUHAN	INDIA	SENIOR MEN'S BODYBUILDING UP TO 85 KG	46
2	SARVANAN MANI	INDIA	SENIOR MEN'S BODYBUILDING UPTO 85 KG	120
3	JAWAD MIRZAEI	AFGHANISTAN	SENIOR MEN'S BODYBUILDING UP TO 85 KG	40
4	SUJIAN BHIKAJI PILANKAR	INDIA	SENIOR MEN'S BODYBUILDING UP TO 85 KG	47
5	SAGAR SHRESTHA	NEPAL	SENIOR MEN'S BODYBUILDING UP TO 85 KG	44
6	JAWAD AHMAD	PAKISTAN	SENIOR MEN'S BODYBUILDING UP TO 85 KG	43
1	MAHMOOD MATEEN	AFGHANISTAN	SENIOR MEN'S BODYBUILDING OVER 85 KG	36
2	KARTHIKESWAR RAVIKUMAR	INDIA	SENIOR MEN'S BODYBUILDING OVER 85 KG	41
3	MOHAMMAD ALI HASSANI	AFGHANISTAN	SENIOR MEN'S BODYBUILDING OVER 85 KG	37
4	BITTU SAHA	INDIA	SENIOR MEN'S BODYBUILDING OVER 85 KG	39
1	LILY HASHNU	INDIA	WOMEN'S MODEL PHYSIQUE UP TO 155 CM	104
2	RITA NAG	INDIA	WOMEN'S MODEL PHYSIQUE UP TO 155 CM	106
3	CHOKI WANGMO	BHUTAN	WOMEN'S MODEL PHYSIQUE UP TO 155 CM	109
4	SANGAY LHAM	BHUTAN	WOMEN'S MODEL PHYSIQUE UP TO 155 CM	107
5	MEERAMATHI VEPALODAI CHELLADURAI	INDIA	WOMEN'S MODEL PHYSIQUE UP TO 155 CM	112
1	ARPANA GURUNG	INDIA	WOMEN'S MODEL PHYSIQUE OVER 155 CM	96
2	BINU GT	NEPAL	WOMEN'S MODEL PHYSIQUE OVER 155 CM	99
3	UGYEN PEMA	BHUTAN	WOMEN'S MODEL PHYSIQUE OVER 155 CM	113
4	KINLEY WANGMO	BHUTAN	WOMEN'S MODEL PHYSIQUE OVER 155 CM	103

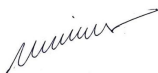
1	BINU GT	NEPAL	WOMEN'S SWIMSUIT PHYSIQUE (OPEN)	99
2	ARPANA GURUNG	INDIA	WOMEN'S SWIMSUIT PHYSIQUE (OPEN)	96
3	UGYEN PEMA	BHUTAN	WOMEN'S SWIMSUIT PHYSIQUE (OPEN)	113
4	CHOKI WANGMO	BHUTAN	WOMEN'S SWIMSUIT PHYSIQUE (OPEN)	109
5	LILY HASHNU	INDIA	WOMEN'S SWIMSUIT PHYSIQUE (OPEN)	104
6	RITA NAG	INDIA	WOMEN'S SWIMSUIT PHYSIQUE (OPEN)	106
7	KINZANG CHODEN	BHUTAN	WOMEN'S SWIMSUIT PHYSIQUE (OPEN)	103
8	SANGAY LHAM	BHUTAN	WOMEN'S SWIMSUIT PHYSIQUE (OPEN)	107
9	MEERAMATHI VEPALOODAI CHELLADURAI	INDIA	WOMEN'S SWIMSUIT PHYSIQUE (OPEN)	112
1	CHRISTINE NITASHA LABROOY	SRI LANKA	MIXED PAIRS	114
	M.N. MOHAMMED FAZRIN	SRI LANKA	MIXED PAIRS	
2	RITA NAG	INDIA	MIXED PAIRS	97
	ABHISHEK GUPTA	INDIA	MIXED PAIRS	
3	CHOKI WANGMO	BHUTAN	MIXED PAIRS	110
	JIGME DUKPA	BHUTAN	MIXED PAIRS	
4	ARPANA GURUNG	INDIA	MIXED PAIRS	111
	NORBU TSHERING BHUTIA	INDIA	MIXED PAIRS	
5	KETAKI MANOHAR PATIL	INDIA	MIXED PAIRS	115
	PRAKASH MANOHARAN	INDIA	MIXED PAIRS	
6	BIBA MAYA GURUNG	BHUTAN	MIXED PAIRS	105
	SONAM PHUNTSHO	BHUTAN	MIXED PAIRS	

MR SOUTH ASIA 2026

RAHUL SINGH CHAUHAN - INDIA

TEAM CHAMPIONSHIP MENS	INDIA	475 POINTS	1
	BHUTAN	375 POINTS	2
	AFGHANISTAN	300 POINTS	3

TEAM CHAMPIONSHIP WOMENS	INDIA	186 POINTS	1
	NEPAL	110 POINTS	2
	SRI LANKA	60 POINTS	3



SIGNATURE OF CHAIRMAN JUDGES COMMITTEE



SECRETARY